

Curriculum Vitae Karin Groenewegen-Sipkema

Personal data

Name	Groenewegen-Sipkema
First names	Karin Helena
Title	Dr (MD, PhD)
Date of birth	16 august 1969
Place of birth	Leeuwarden
Nationality	Dutch
Gender	Female
Civil status	Married, 2 sons
Email	karingroenewegen@lungs.fr

Work experience

sept. 1996 - july 1997	Resident Internal Medicine, Cardiology and Lung Diseases, Gouda
july 1997- jan 1998	Resident clinical lung rehabilitation, asthma center Heideheuvel, Hilversum
jan. 1998 - oct 1998	Resident Respiratory Medicine Academic Hospital Maastricht
oct. 1998 - oct 2001	Doctor-PhD student department Lung Diseases AZM
oct. 2001- april 2002	Resident Respiratory Medicine Academic Hospital Maastricht
april 2002 - april 2004	Resident Internal Medicine, Catharina Hospital Eindhoven
1 april 2002 - 1 june 2007	Resident Respiratory Medicine Academic Hospital
june 2007 - 15 oct 2007	Respiratory Physician Academic Hospital Maastricht
october 15th 2007	Chief-de-clinique Martini Hospital
from 1 july 2008	Respiratory Physician Deventer Hospital
from november 2023	Respiratory Physician Alès (self-employed in the Clinique Bonnefon)

Training

1981 - 1985	Gymnasium, Gertrudis lyceum, Roosendaal
1985 - 1987	Christian Gymnasium, Leeuwarden
1987 - 1988	YFU United States Exchange Program, High School Diploma
1988 - 1993	Medical Diploma University of Utrecht
february 1994 - feb 1996	Internships at University of Utrecht
march 1996	Graduated from Medical School University of Utrecht
1 june 2007	registration as respiratory Physician
25 june 2008	Promotion (PhD) Clinical Implications of Acute Exacerbations in COPD
20 april 2012	re-registration as a Respiratory Physician
May 2017	2nd reregistration
May 2022	3rd reregistration

Languages

Dutch	native language
English	fluent in word and writing
French	fluent in word and writing

Other interests

Travel, Tennis, Reading, Cooking

Focus areas

COPD, rehabilitation, interstitial lung disease

Extracurricular activities

2012- 2023	Supervisor Internship Respiratory Medicine, Deventer Hospital
2012-2014	Chair committee of Chronic Diseases Deventer Hospital
2018- 2023	Chair committee of Applications, Deventer Hospital
2020- 2023	Member Committee for Emergency Medicine Deventer Hospital
2021	coauthor of Dutch Multidisciplinary guideline on COVID aftercare
2021 rehabilitation	Coauthor of Dutch Multidisciplinary guideline on COVID

Internships and research

july 1991	Clinical internship, Marmara University Hospital, Istanbul
sept. 1992 - dec 1992 Ontario	Scientific internship on Multiple Sclerosis, University of Western
july 1995 - jan 1996	Internship Tropical Pediatrics, Zimbabwe
25 june 2008	Promotion (PhD): Clinical implications of acute exacerbations in
COPD	member of the Promotion Committee Dr EF van Dam van Isselt
4 april 2018	

Publications

Prognosis after hospitalization for acute exacerbations of COPD. K.H. Groenewegen, A.M.W.J. Schols, E.F.M. Wouters. Eur Res pir J 2001; 18: Suppl. 33, 209s.

Bacterial infections during acute exacerbations of COPD. K.H. Groenewegen, E.F.M. Wouters, Eur Respir J 2001; 18: Suppl. 33, 183s.

Mortality and morality-related factors after acute exacerbations of COPD. KH Groenewegen, AMWJ Schols, EFWouters. Ch est 2003;124 (2): 459-67.

Bacterial infections in patients requiring admission for acute exacerbations of COPD; a one-year prospective study. KH Groenewegen, EF Wouters. Respir Med 2003_Jul; 97 (7): 770-7.

Longitudinal follow-up of systemic inflammation after acute exacerbations of COPD. Karin H. Groenewegen, Mieke A. Dentener, Emiel F.M. Wouters. Respir Med 2007 Nov;101 (11): 2409-15.

Systemic inflammation in COPD: the role of exacerbations. EF Wouters, KH Groenewegen, MA Dentener, JH Vernooy. Proc Am Thorac Soc 2007 Dec; 4 (8): 626-34.

Increased systemic inflammation is a risk factor for COPD exacerbations. KH Groenewegen, DS Postma, WC Hop, PL Wiel ders, NJ Schlosser, EF Wouters for the COSMIC study Group. Chest 2008 Jan 15 133(2):350-7.

COPD rehabilitation in the nursing home; Specific geriatric approach should prevent rotating door patients. E.F. van D am van Isselt, K.H. Groenewegen-Sipkema, J.H.M. Visschedijk, W.P. Achterberg. Medical Contact 2010: 36;1791-17 93.

Geriatric Rehabilitation for patients with advanced COPD. Program characteristics and case studies. EF van Dam van Isselt, KH Groenewegen-Sipkema, M Spruit-van Eijk, NH Chavannes, WP Achterberg. Int J Pall Nursing 2013 (19) 3: 141-146.

Geriatric rehabilitation for patients with advanced chronic obstructive pulmonary disease: a naturalistic prospective cohort study on feasibility and course of health status. van Dam van Isselt EF, Spruit M, Groenewegen-Sipkema KH, Chavannes NH, Achterberg WP. Chron Respir Dis. 2014 May;11(2):111-9.

Health status measured by the Clinical COPD Questionnaire (CCQ) improves following post-acute pulmonary rehabilitation in patients with advanced COPD: a prospective observational study. Eléonore F. van Dam van Isselt, MD ^{1,2}, Monica Spruit, MD, PhD¹, Karin H. Groenewegen-Sipkema, MD, PhD³, Niels H. Chavannes, MD, PhD¹, Wilco P. Achterberg, MD, PhD¹. NPJ Prim Care Respir Med. 2014 May 20;24:

Pain in patients with COPD: a systematic review and meta-analysis. van Dam van Isselt EF, Groenewegen-Sipkema KH, Spruit-van Eijk M, Chavannes NH, de Waal MW, Janssen DJ, Achterberg WP.

BMJ Open. 2014 Sep 26;4(9):e005898. doi: 10.1136/bmjopen-2014-005898.

Pain in patients with chronic obstructive pulmonary disease indicated for post-acute pulmonary rehabilitation. van Dam van Isselt EF^{1,2}, Groenewegen-Sipkema KH³, van Eijk M¹, Chavannes NH¹, Achterberg WP¹. Chron Respir Dis. 2019 Jan- Dec;16:1479972318809456.

A Prospective Cohort Study on the Effects of Geriatric Rehabilitation Following Acute Exacerbations of COPD. van Dam van Isselt EF¹, van Eijk M², van Geloven N³, Groenewegen-Sipkema KH⁴, van den Berg JK⁵, Nieuwenhuys CMA², Chavannes N H², Achterberg WP². J Am Med Dir Assoc. 2019 Apr 11. pii: S1525-8610(19)30251-8.